



Philips  
Wake-up Light

Pink/Rosé

HF3462



Light awakes you naturally



400 Lux light intensity



Three natural sounds or friendly beep



Digital FM radio

## Start your day in a pleasant way

The light that awakes you naturally

The Wake-up Light wakes you easily and naturally, leaving you with as much energy as on a summer's morning. Drawing on Philips' 100 years of lighting expertise, the Wake-up Light offers medically proven benefits.

### Light awakes you naturally

- Gradual light positively affects energy hormones

### Light intensity

- Up to 400 Lux for both natural awakening and easy reading

### Natural Wake-up sounds

- Three natural sounds or friendly beep

### Wake up to your favourite radio station

- Digital FM radio

### Philips - the light expert

- 100 years of lighting expertise

**PHILIPS**  
sense and simplicity

## Specifications

### Technical Specifications

- **Power:** 100 W
- **Voltage:** 230 V
- **Frequency:** 50 Hz
- **Type of lamps:** 1 Philips incandescent lamp
- **Lifetime of lamps:** 1000 hours (easy to replace)
- **Cord length:** 3 cm
- **Insulation:** class II (double isolation)

### Dimensions and weight

- **Product dimensions:** 13.5 x 20.0 x 30.0 (DxWxH) cm
- **Product weight:** 1.5 kg
- **F-Box dimensions:** 16.0 x 21.0 x 32.0 (DxWxH) cm
- **F-Box weight:** 2.1 kg
- **No. of F-boxes in A-box:** 3 pcs
- **A-box dimensions:** 22.5 x 49.5 x 34.1 (DxWxH) cm
- **A-Box weight:** 7.8 kg
- **Qnt. on Euro pallet:** 126 pcs

### Logistic data

- **Country of origin:** China

### Safety

- **UV-free:** no UV radiation
- Cenelec certified

### Easy to use

- **Quick-go on/off button**
- **Snooze button for sound and light:** 9 minute(s)
- **Quick-check function (90 sec.):** check next morning's light/sound level in 90 sec.
- **Compact size:** limited bedside table space required (13.5x20 cm)
- **Electricity back-up function:** 5 minute(s)
- **Anti-slip rubber feet**

### Medical appliance

- **Proven health benefits:** supported by Medical Device Directive certificate

### Light

- **Wake-up Light bulb with natural daylight spectrum:** with natural daylight spectrum, 100 W
- **Sunrise simulating process (0-selected intensity):** 30 minute(s)
- **Light for easy reading:** 400 Lux at 40-50 cm
- **Light intensity dimmer:** 0-400 Lux at 40-50 cm
- **Light on/off function**

### Sound

- **Wake-up sounds:** friendly wake-up beep, 3 natural sounds (morning birds, seashore, pond), your favourite digital FM radio station
- **Sound off function:** option to mute sound immediately
- **Premium sound box:** 2 W
- **Digital FM radio**

### Display

- **Easy-to-read LCD display:** 50x50 mm
- **Display brightness control:** 3 settings (low, medium, high)

## Product highlights

### Light awakes you naturally

Light gradually increases in 30 minutes before your set wake up time. Light falls on your eyes and positively affects your energy hormones, preparing your body to wake up. This makes waking up a more pleasant feeling.

### 400 Lux light intensity

The Wake-up Light (HF 3461) offers up to 400 Lux light intensity. It has been clinically proven that you need up to 250 Lux to affect energy hormones in such a way that you wake up full of energy. For easy reading, you need a light level of 300 to 400 Lux.

### Digital FM radio

The built-in digital FM radio lets you wake up to your favourite songs or news station every day. Just select your favourite radio station, and at your set wake-up time it will start to play, at first gently, gradually increasing over ninety seconds to the volume level you selected.

### Philips - the light expert

Philips is a leading company worldwide in the field of lighting technology. With more than 100 years' experience in this field, Philips is a true expert on light and its effects on the human body. The Wake-up Light combines all this expertise in a meaningful, technologically advanced and easy-to-use product that will improve the wellbeing of many.

### Supported by the Medical Device Directive (MDD)

This device has proven health benefits, as certified by the Medical Device Directive (MDD).

